

CURRICULUM VITAE

PERSONAL INFORMATION

Name: Stephen Jeffery

Office Address Department of Obstetrics & Gynecology
University of Cape Town
Anzio Road
Observatory
Cape Town
South Africa

FAX: ++27865124484

E-mail: stephen.jeffery@uct.ac.za

LICENSURE

- Health Professions Council of South Africa, Specialist Obstetrician and Gynaecologist
- Royal College of Obstetricians and Gynaecologists, London, Urogynaecologist
- Royal College of Obstetricians and Gynaecologists, London, CCST (Certificate of Completion of Specialist Training)
- General Medical Council (UK), Full Registration

EDUCATION

- Urogynaecology Fellowship, St George's Hospital, London, UK, 2004-2007
- Registrar Training, Department of Obstetrics & Gynecology, University of Cape Town, South Africa, 1998- 2002
- Medical School, University of Stellenbosch, South Africa, 1989-1994

PROFESSIONAL EXPERIENCE

- Head of Urogynaecology and Reconstructive Pelvic Surgery, University of Cape Town and Groote Schuur Hospital, December 2007-present
- Urogynaecology Subspecialty Trainee, St Georges's Hospital, London, UK. October 2004-November 2007
- Registrar, Department Obstetrics and Gynaecology, Queen Charlotte's and Chelsea Hospital, London, UK, April 2004 -October 2004
- Registrar, Department of Urogynaecology, St Mary's Hospital, London, UK, October 2003-April 2004.
- Registrar, Department of Obstetrics and Gynaecology, Hillingdon Hospital, London, UK, March 2003-October 2003.
- Registrar, Department of Obstetrics and Gynaecology, University of Cape Town, South Africa, October 1998-February 2003.

- Medical Officer, Department of Obstetrics and Gynaecology, Livingstone Hospital, Port Elizabeth, South Africa, September 1997-September 1998.
- Senior House Officer, Department of Obstetrics and Gynaecology, Worthing Hospital, August 1997 – September 1997.
- Medical Officer, Department of Obstetrics and Gynaecology, Dora Nginza Hospital, Port Elizabeth, South Africa, January 1997-July 1997.
- Locum Doctor: General Surgery, Orthopaedics, Neurosurgery, Obstetrics and Gynaecology, ENT and Accident and Emergency, Princess Royal Hospital, Haywards Heath, UK, July 1996-December 1996.
- Medical Officer, Internal Medicine, Port Elizabeth Provincial Hospital, Port Elizabeth, South Africa, January 1996-June 1996.
- Intern, Livingstone Hospital, Port Elizabeth, South Africa. January 1995-December 1995.

HONORS AND AWARDS

- Alec Brook Bursary for Academic Excellence 1991
- JC Coetzee Award for Best Research, University of Cape Town 2009
- Mentor for Best Gynecology Registrar Research Paper, University of Cape Town, 2010
- Yvonne Parfitt Prize for the Best Paper, University of Cape Town 2012
- Mentor for Best Registrar Research Paper, South African Society of Obstetrics and Gynecology, 2011
- Editorial Board, International Urogynaecology Journal
- Editorial Board, BMC Women's Health
- Invited Guest Editor, International Journal of Gynecology and Obstetrics, 2013

BIBLIOGRAPHY

Books

1. Jeffery ST and de Jong PR. Textbook of Urogynaecology. (African Health Open Educational Resources Network). Online publication through UCT Open content.
2. Jeffery ST. Procedures in Obstetrics and Gynaecology (African Health Open Educational Resources Network). Online publication through UCT Open content. We are about to launch an Online Application for Tablets and Smartphones for the above resource. This will be available as a APP through the app stores on Apple and Android.

Book Chapters:

1. Jeffery ST, de Jong PR. Epidemiology: Incontinence in Africa. In: Urogynaecology and Female Urology, 3rd Edition. Editors: Staskin and Cardozo. (In press)
2. De Jong PR and Jeffery ST. Epidemiology: Incontinence in Africa. In: Urogynaecology and Female Urology, 2nd Edition. Editors: Staskin and Cardozo.
3. De Jong PR, Jeffery ST. Breastfeeding and Post-Partum Care. Clinical Obstetrics. A South African Perspective. Eds HS Cronje, JBF Cilliers, MS Pretorius. 3rd Edition.

4. Pelvic Organ Prolapse. Clinical Gynaecology. Eds Kruger, Botha, Matsaseng. 4th Edition. In Press.
5. Vaginal Hysterectomy in prolapse situations: Techniques in Hysterectomy. A Surgical Atlas. Editors: Liselotte Mettler, Ibrahim Alkatout and Ivo Meinhold-Heerlein. In Press
6. Jeffery ST. The Urogynaecological History. In: Textbook of Urogynaecology. Editors: Jeffery and de Jong. (African Health Open Educational Resources Network)
7. Jeffery ST. Physical Examination and the POP-Q. In: Textbook of Urogynaecology. Editors: Jeffery and de Jong. (African Health Open Educational Resources Network)
8. Jeffery ST. Management of Third and Fourth Degree tears. In: Textbook of Urogynaecology. Editors: Jeffery and de Jong. (African Health Open Educational Resources Network)
9. Jeffery ST. Essential Urodynamics. In: Textbook of Urogynaecology. Editors: Jeffery and de Jong. (African Health Open Educational Resources Network)
10. Jeffery ST. Intractable Overactive Bladder: Advanced Management Strategies. In: Textbook of Urogynaecology. Editors: Jeffery and de Jong. (African Health Open Educational Resources Network)
11. Jeffery ST. Surgical management of Urogenital Prolapse. In: Textbook of Urogynaecology. Editors: Jeffery and de Jong. (African Health Open Educational Resources Network)
12. Jeffery ST. The use of mesh, grafts and kits in Pelvic Organ Prolapse surgery. In: Textbook of Urogynaecology. Editors: Jeffery and de Jong. (African Health Open Educational Resources Network)
13. Jeffery ST. Suturing of Third and Fourth Degree tears. In: Procedures in Obstetrics and Gynaecology. Editor: Jeffery ST. (African Health Open Educational Resources Network)
14. Jeffery ST. Vaginal Hysterectomy In: Procedures in Obstetrics and Gynaecology. Editor: Jeffery ST. (African Health Open Educational Resources Network)
15. Jeffery ST. Anterior Repair. In: Procedures in Obstetrics and Gynaecology. Editor: Jeffery ST. (African Health Open Educational Resources Network)
16. Jeffery ST Posterior Repair. In: Procedures in Obstetrics and Gynaecology. Editor: Jeffery ST. (African Health Open Educational Resources Network)

17. Jeffery ST. Uterine and Vaginal Vault Prolapse. In: Procedures in Obstetrics and Gynaecology. Editor: Jeffery ST. (African Health Open Educational Resources Network)

Peer-Reviewed Publications:

1. **Jeffery S**, Doumouchtsis SK, Fynes M. Patient satisfaction with nurse-led telephone follow-up in women with lower urinary tract symptoms. J Telemed Telecare. 2007;13(7):369-73.
2. **Jeffery S**, Fynes M, Lee F, Wang K, Williams L, Morley R. Efficacy and complications of intradetrusor injection with botulinum toxin A in patients with refractory idiopathic detrusor overactivity. BJU Int. 2007 Dec;100(6):1302-6.
3. **Jeffery S**, Franco A, Fynes M. Vaginal wind-the cube pessary as a solution? Int Urogynecol J Pelvic Floor Dysfunct. 2008 Oct;19(10):1457
4. Doumouchtsis SK, **Jeffery S**, Fynes M. Female Voiding Dysfunction Obstet Gynecol Surv. 2008 Aug; 63(8):519-526.
5. Lee JW, Doumouchtsis SK, **Jeffery S**, Fynes MM. Evaluation of outpatient cystoscopy in urogynaecology. Arch Gynecol Obstet. 2009 May;279(5):631-5.
6. **Jeffery ST**, Doumouchtsis SK, Franco AV, Fynes MM. High uterosacral ligament vault suspension at vaginal hysterectomy: objective and subjective outcomes of a modified technique. J Obstet Gynaecol Res. 2009 Jun;35(3):539-44.
7. **Jeffery ST**, S Doumouchtsis, S Parappallil, A Franco, M Fynes Outcomes , Recurrence Rates, and Postoperative Sexual Function after secondary Vaginal Prolapse Surgery using the Small Intestinal Submucosa (SIS) graft. Pelvic Medicine and Surgery 2009 May/June; 15(3).
8. **Jeffery ST**, Doumouchtsis SK, Vlachos IS, Fynes MM. Are voiding symptoms really associated with abnormal urodynamic voiding parameters in women? Int J Urol. 2008 Dec;15(12):1044-8.
9. A Adam, J Coetzee, F van Wijk, B Bebington, **S Jeffery**. A template for the comprehensive evaluation of Pelvic Organ Prolapse in a South African context. Pelviperineology 2010 Dec; 29(4).

10. A Adam, **Jeffery ST**, A Adam, P de Jong. Do Urologists and Gynaecologists manage posterior compartment prolapse differently? South African Journal of Obstetrics and Gynaecology. 2011 March; 17 (1): 4-8.
11. Doumouchtsis SK, Khunda A, **Jeffery ST**, Franco AV, Fynes MM. Long-term outcomes of modified high uterosacral ligament vault suspension (HUSLS) at vaginal hysterectomy. Int Urogynecol J Pelvic Floor Dysfunct. 2011 May; 22(5):577-84.
12. Butt J, **Jeffery ST**, van der Spuy Z. An audit of indications and complications associated with elective hysterectomy at a public service hospital in South Africa. **Int J Gynaecol Obstet**. 2012 Feb;116(2):112-6.
13. **Jeffery ST**, Niewoudt A. Beyond the complications: medium term anatomical, sexual and functional outcomes following removal of trocar-guided transvaginal mesh: A retrospective cohort study. Int Urogynecol J. Oct 2012;23(10):1391-6.
14. Lazarus J, **Jeffery S**, Kaestner L. Mini-slings – concern regarding marketing of these devices in South Africa. S Afr Med J. 2012 Feb 23;102(3.1):110, 112.
15. Van der Spuy ZM, Dyer SJ, **Jeffery ST**, Denny LA. The gynaecological subspecialties: advances in women's health. S Afr Med J. 2012 Mar 23;102(6):419-21.
16. **Jeffery ST**, Brouard K. High Risk of Complications with a Single Incision Pelvic Floor Repair Kit: Results of a Retrospective Case Series. Int Urogynecol J. 2014 Jan;25(1):109-16.
17. Nambiar A, Cody JD, **Jeffery ST**. Single-incision sling operations for urinary incontinence in women. Cochrane Database Syst Rev. 2014 Jun 1;6:CD008709.
18. The South African Surgical Outcomes Study: A 7-day prospective observational cohort. BM Biccard, TE Madiba on behalf of SASOS investigators Appendix 3 **S Jeffery**.

Non peer-reviewed publications

1. **Jeffery ST**. Rising to the Challenge of Treating the Overactive Bladder. Obstetrics and Gynaecology Forum, September 2008.
2. Joubert I, **Jeffery ST**. Sport in Pregnancy. Review. SAUGR 2009; 6(1): 4-12.
3. **Jeffery ST**, P de Jong. Mesh, Graft and Kits in Pelvic Organ Prolapse surgery: where are we now? Review. SAUGR 2009; 6(1): 13-22.
4. **Jeffery ST**. Editorial. SAUGR 2009; 6(2): 2

5. D Richards, N Sigcu, **Jeffery ST**. Soft Tissue Infection following Transobturator Tape insertion for Female Stress Urinary Incontinence. Case Report. SAUGR 2009; 6(2): 19-21.
6. .
7. **Jeffery ST**. Obstetrics Practice and the Pelvic Floor. Obstetrics and Gynaecology Forum, September 2011.
8. **Jeffery ST**. Prosthetic Mesh Products in Pelvic Organ Prolapse: Time to reflect on our surgical practice. Menopause update 2012, 15 (1): 3-8.
9. **Jeffery ST**. A mesh –free world: Options in the post-mesh controversy era. Menopause update, 17 (1) 2-4.
10. **Jeffery ST**. Laparoscopic sacrocolpopexy: Getting onto the learning curve. IUGA newsletter, May 2013: 5-6.
11. **Jeffery ST**. Management of Uterine Prolapse. SAUGA Newsletter
12. **Jeffery ST**. Surgical Options for Uterine Prolapse: Something old, something new. O&G Forum. Aug 2014.

Presented Abstracts, Posters, and Videos:

Oral Presentations

1. **Jeffery ST**, Stewart CS. Implications of Twin Growth Discordance in a Cape Town Population. Fetal and Maternal Medicine Society Meeting, Cape Town. Dec 2002
2. **Jeffery ST**, Wang K, Fynes MM. Patient satisfaction with telephone follow-up in women with urinary incontinence. International Urogynaecology Association Conference, Copenhagen. June 2005
3. Chaliha C, **Jeffery ST**, Khullar V. Warning times and voiding intervals – are they a reproducible marker? International Continence Society Meeting, Montréal, Canada. Sep 2005.
4. **Jeffery ST**, Morley R, Wang K, Fynes MM. Cystoscopic Intradetrusor Dysport Injections in patients who present with Refractory Overactive Bladder. New European Surgical Academy (NESA) Annual meeting, Berlin. Jan 2006.
5. **Jeffery ST**, Wang K, Morley R, Fynes MM, Efficacy of the Intradetrusor Injection of Botulinum A Toxin (500u) in patients with refractory OAB, International Society of Urology Meeting, Cape Town. Nov 2006.

6. **Jeffery ST**, Doumouchtsis SD, Fynes MM. Are abnormal urodynamic voiding parameters really associated with voiding symptoms? International Urogynaecology Association Conference, Cancun, Mexico. June 2007.
7. **Jeffery ST**, Wang K, Morley R, Fynes MM. Parameters predicting the response to intradetrusor Botulinum A Toxin injections in patients with Idiopathic Detrusor Overactivity." International Urogynaecology Association Conference, Cancun, Mexico. June 2007.
8. **Jeffery ST**, Doumouchtsis SD, Fynes MM. Sexual Function Following High Uterosacral Ligament Suspension at Vaginal Hysterectomy. International Urogynaecology Association Conference, Cancun, Mexico. June 2007.
9. **Jeffery ST**, Fynes MM. Use of the modified TVT needle for the pubovaginal sling procedure. New European Surgical Academy (NESA). Istanbul, Turkey. Sep 2007
10. **Jeffery ST**, Doumouchtsis SD, Fynes MM. Functional and Anatomical Outcomes of High Uterosacral ligament suspension at Vaginal Hysterectomy. O&G Departmental Research Day, Groote Schuur Hospital. Nov 2008.
11. **Jeffery ST**, Adam A. Do Urologists and Gynaecologists manage posterior compartment prolapse differently? International Urogynaecology Association Conference, Como, Italy. June 2009.
12. Niewoudt A, **Jeffery ST**. Anatomical outcomes and complications of the Total Vaginal Mesh(Prolift) for Pelvic Organ Prolapse. International Urogynaecology Association Conference, Como, Italy. June 2009.
13. S Doumouchtsis, H Abboudi, K Wang, **Jeffery ST**, Fynes MM Efficacy of Repeated Intra-Detrusor Botulinum Toxin A (Dysport) therapy for Idiopathic Refractory Overactive Bladder. International Urogynaecology Association Conference, Como, Italy. June 2009
14. S Doumouchtsis, H Abboudi, K Wang, **Jeffery ST**, M Fynes Reappraising the role for Intra-Detrusor Botulinum Toxin A (Dysport) therapy for Idiopathic Refractory Overactive Bladder. International Urogynaecology Association Conference, Como, Italy. June 2009.
15. Van den Berg, **Jeffery ST**. Healing and Functional Outcomes of Obstetric Anal Sphincter Injuries in HIV positive and negative women. International Federation of Obstetrics and Gynaecology (FIGO) Meeting, Cape Town. Oct 2009
16. Pillay C, Asare-Bediako A, **Jeffery ST**. Efficacy of the Treatment of Overactive Bladder Syndrome in women attending a Female Continence Clinic in an African city. International Federation of Obstetrics and Gynaecology (FIGO) Meeting, Cape Town. Oct 2009

17. **Jeffery ST**, Acharrya R, Algar M, Makhene M. Mini-sling procedures in stress urinary incontinence: a systematic review of efficacy and complications: Combined International Continence Society Meeting and International Urogynaecology Association Meeting, Toronto, Canada. Aug 2010.
18. Nieuwoudt A, **Jeffery ST**. Beyond the complications: Medium term anatomical, sexual and functional outcomes following removal of Prolift. (Co-presenter A Nieuwoudt). Combined International Continence Society Meeting and International Urogynaecology Association Meeting, Toronto, Canada. Aug 2010.
19. Brouard K, **Jeffery ST**. High number of complications following insertion of the Pinnacle pelvic floor repair kit: A cause for concern. International Urogynaecology Association Conference, Brisbane, Australia. September 2012.
20. Maki L, **Jeffery ST**. Incontinence Research in Africa. Where are we in 2012? International Federation of Obstetrics and Gynaecology (FIGO) Meeting. October 2012.
21. Nambiar A, Cody JD, **Jeffery ST**. Single-incision sling operations for urinary incontinence in women. Combined Annual Meeting of the American Urogynaecological Society and International Urogynaecology Association. July 2014, Washington DC, USA.
22. Van Rensburg JA, **ST Jeffery**, HA Sandenbergh, L. Juul, DW Steyn. Single Incision – Needleless and Inside-out TVT-O: A Multi-centre clinical equivalent randomised trial with preliminary 6 months and one year outcome for stress urine incontinence. June 2015, International Urogynaecology Association Meeting, Nice, France.

Poster Presentations

1. **Jeffery ST**, Wang K, Morley R, Lee F, Fynes M. Efficacy and Complications of the Intradetrusor injection of Dysport (Botulinum Toxin A) in patients with Refractory OAB. International Urogynaecology Association Annual Meeting, Athens, Sep 2006.
2. **Jeffery ST**, Doumouchsis S, Grover S, Wang K, Fynes M. Nurse-led telephone follow-up in women with LUTS. Evaluation of a novel service delivery strategy. International Urogynaecology Association Annual Meeting, Athens. Sep 2006.
3. **Jeffery ST**, Vashisht A, Fynes M. Evaluation of a local anaesthetic technique for insertion of the transobturator tape. International Urogynaecology Association Annual Meeting, Athens. Sep 2006.
4. Vashisht A, **Jeffery ST**, Franco A, Fynes M. Role of position sequence in urodynamics. International Urogynaecology Association Annual Meeting, Athens. Sep 2006.

5. **Jeffery ST**, Doumouchtsis S, Franco A, Vashisht A, Fynes M. Anatomical and functional outcomes of High Uterosacral Ligament Suspension performed at the time of vaginal hysterectomy. International Urogynaecology Association Annual Meeting, Athens. Sep 2006.
6. **Jeffery ST**, Parappallil S, Franco A, Vashisht A, Fynes M. Treatment of perineal pain by intralesional injection. International Urogynaecology Association Conference, Cancun, Mexico. June 2007.
7. **Jeffery ST**, Doumouchtsis S, Franco A, Parappallil S, Fynes M. Outcome and recurrence rates of secondary prolapse surgery using the Subintestinal Submucosa (SIS) graft. International Urogynaecology Association Conference, Cancun, Mexico. June 2007.
8. Franco AVM, Wang K, **Jeffery ST**, Fynes MM. Quality of life assessment in women with stress urinary incontinence after transobturator tape. International Urogynaecology Association Conference, Cancun, Mexico. June 2007.
9. Franco AVM, Wang K, **Jeffery ST**, Fynes MM. The transobturator approach for the correction of stress urinary incontinence. International Urogynaecology Association Conference, Cancun, Mexico. June 2007.
10. Franco AVM, Wang K, **Jeffery ST**, Fynes MM. Evaluation of sexual function in women with stress urinary incontinence using the Abbreviated Sexual Function Questionnaire. International Urogynaecology Association Conference, Cancun, Mexico. June 2007.
11. **Jeffery ST**, Wang K, Morley R, Lee F, Fynes M. Efficacy and Complications of the Intradetrusor injection of Dysport (Botulinum Toxin A) in patients with Refractory OAB. International Urogynaecology Association Annual Meeting, Taipei, Taiwan, Sep 2008.
12. Doumouchtsis S, **Jeffery ST**, Abboudi H, Wang K, Fynes M. Evaluation of the long term efficacy of repeated doses of intradetrusor Botulinum Toxin (Dysport®) injections. International Continence Society Meeting, Cairo, 2008.
13. Nieuwoudt A, Jeffery ST. Outcomes of Secondary Prolapse Repair Surgery Following Failure of Either Anterior Prolift or Anterior Surgisis. International Urogynaecology Association Conference, Como, Italy, 2009.
14. S Doumouchtsis, **Jeffery ST**, H Abboudi, K Wang, R Morley, M Fynes. Intra-Detrusor Botulinum Toxin A injections in Women with Refractory Overactive Bladder (OAB) and Voiding Dysfunction,. Are voiding symptoms predictors for post operative voiding dysfunction? International Urogynaecology Association Conference, Como, Italy, 2009.

15. J Butt, **Jeffery ST**, Z van der Spuy. Hysterectomy at a referral hospital in South Africa: Indications, Complications and Histopathology. International Federation of Obstetrics and Gynaecology (FIGO) Meeting, Cape Town, 2009.
16. Doumouchtsis S, Abboudi H, **Jeffery ST**, Wang K, Fynes M. When do women with idiopathic overactive bladder stop the Botulinum Toxin injections? Combined International Continence Society Meeting and International Urogynaecology Association Meeting, Toronto, Canada, 2010.
17. Jayarajan J, **Jeffery ST**. A single institution review. Intradetrusor Botulinum Toxin outcomes in the first 24 months of use. International Urogynaecology Association Conference, Nice, France, June 2015.
18. Groot L, **Jeffery ST**, Jayarajan J, Kaestner L. Vaginal hysterectomy and bilateral sacrospinous fixation using the Capio and Fict Devices in women with uterine prolapse: functional and anatomical outcomes. International Urogynaecology Association Conference, Nice, France, June 2015.
19. **Jeffery ST**, van Meurs C, Piek C, Nienaber C. Study of the efficacy and complications of the Nuvia single incision pelvic organ prolapse repair system in women undergoing anterior and posterior compartment prolapse surgery. International Urogynaecology Association Conference, Nice, France, June 2015.

Videos

1. **Jeffery ST**, Fynes MM. Local Anaesthetic Technique for insertion of the Transobturator Tape: International Urogynaecology Association Conference, Athens.Sep 2006.
2. **Jeffery ST**. Vaginal hysterectomy and bilateral sacrospinous fixation, demonstration of a minimally invasive technique through an anterior incision. International Urogynaecology conference, Dublin, May 2013.
3. **Jeffery ST**. Sacrocolpopexy using a V-loc suture. International Urogynaecology Association Conference, Nice, France, June 2015.

Continuing-Medical Education Lectures:

University of London, St George's Hospital

1. Repair of third and fourth degree tears. St George's Hospital Intrapartum Care Course. October 2005, March 2006, October 2006.
2. Role of the Transdermal Oxybutynin System in the Management of OAB. Combined urogynaecology meeting Mayday and St George's Hospital. April 2006.

University of Cape Town

1. Role of Botulinum Toxin in OAB: Cape Town Pelvic Floor Society. January 2008.
2. Recent Advances in the Management of OAB: UCT Postgraduate meeting. March 2008.
3. Acute Management of Anal Sphincter Injury: UCT Department of General Surgery Postgraduate Meeting. May 2008.
4. Management of Vault Prolapse, Cape Town Pelvic Floor Society Meeting. May 2008.
5. Sexual Function pre and post gynaecological surgery. Female Sexual Dysfunction Symposium, Groote Schuur Hospital, January 2009.
6. Management of failed prolapse surgery. Department of Obstetrics and Gynaecology CPD meeting, Groote Schuur Hospital, March 2010.
7. Mesh, Grafts and Kits in the Management of Prolapse: Cadaver workshop, University of Cape Town. July 2010.
8. Current management of Stress Incontinence: Cadaver workshop, University of Cape Town. July 2010.
9. Management of complications related mesh surgery. University of Cape Town Obstetrics and Gynaecology refresher course. Nov 2011

Medical Student Mentorship

1. Mentored Cassandra Pillay and Andrea Asare-Bediako on a project entitled "Efficacy of the Treatment of Overactive Bladder Syndrome in women attending a Female Continence Clinic in an African city". Presented at the International Federation of Obstetrics and Gynaecology (FIGO) Meeting, Cape Town, Oct 2009.
2. Mentored Mmamotsa Makhene and Marion Algar, year 2 medical students, on a project entitled "Efficacy and complications of mini-sling procedures for stress

urinary incontinence. A systematic review". Presented at the combined IUGA/ ICS meeting in Toronto, 2010.

3. Mentored Mary Parrish, visiting elective student on a project entitled: " Outcomes of pelvic inflammatory disease in HIV positive versus HIV negative women." A case control study. Presented at the RCOG meeting in Glasgow.

MMed Supervision

1. Julie van den Berg on a project entitled: "Healing and Functional Outcomes of Obstetric Anal Sphincter Injuries in HIV positive and negative women". Presented at the International Federation of Obstetrics and Gynaecology (FIGO) Meeting, Cape Town, Oct 2009.
2. Mentored Marinus Cloete on a project entitled: "Efficacy and complications of acupuncture in women with refractory OAB". Presented at the South African Society of Obstetrics and Gynaecology Biannual Meeting at Sun City. Awarded prize for best registrar project, Oct 2010.
3. Jennifer Butt on a project entitled: "An audit of indications and complications associated with elective hysterectomy at a public service hospital in South Africa". 2010
4. Currently supervising Lamees Ras on a project entitled: Comparisons of Short-term Outcomes between two Sacrospinous Suture Capture Devices: A Randomised Controlled Trial. She has completed this and it is currently being marked.

Other medical student and registrar education:

1. Set up a laparoscopic training dry laboratory in the Department
2. Designed and implemented a Laparoscopic Driver 's License for registrar training.
3. Developed a permanent live link between the hysteroscopy clinic and lecture theatre for student teaching.

PROFESSIONAL SERVICE

Departmental Committees:

Post- graduate education committee, 2009 to present.

Executive co-ordinating committee, 2011 to present

Academic support fund administration committee, secretary, 2009 to present

Chair: Biennial refresher course organizing committee, 2012 to present.

Hospital Committees:

Theatre management committee, 2010 to present

Quality Assurance committee, 2007 to 2009.

Equipment committee, 2010 to present.

Institutional Committees:

University of Cape Town Human Research Ethics committee 2009 to 2012.

Physical Planning Committee, University of Cape Town: 2012 to present.

Regional Committees:

Cape Town Pelvic Floor Society committee

National Committees:

President: South African Urogynaecology Association. 2011-Present.

International Committees:

- International Urogynaecology Association. Ghana Fellowship Programme Board Member
- Previous International Urogynaecology Association Exchange Committee member
- International Board, International Urogynaecology Association.
- International Urogynaecology Association, Chair of membership Committee
- Co-chair of the International Urogynaecology Association Annual Meeting, which will be held in Cape Town in August 2016
- Royal College of Obstetrics and Gynaecology Annual Meeting, Cape Town, March 2107, Co -chair of the organising committee and Scientific Committee Chair.
- Chair of IUGA Membership committee

Professional panels, boards, and councils

- Editorial Board International Urogynaecology Journal, 2011 to present. 42 Reviews Completed. Last year I was in the Top 10 amongst reviewers for the number of reviews completed.
- Associate Editor, BMC Women's Health Journal, 2013 to present

Community Service

- Appeared on Cape Talk radio to discuss prolapse 2012
- Appeared on Bush radio to discuss urinary incontinence 2012
- Fistula training programme Angola, May 2014
- I regularly do surgical outreach to the following hospitals:
 - Paarl Provincial Hospital
 - Victoria Hospital, Cape Town
 - Somerset Hospital, Cape Town
 - 2 Military Hospital, Cape Town
 - Dora Nginza Hospital, Port Elizabeth
 - Frere Hospital, East London
 - Uitenhage Hospital, Uitenhage

Peer Reviewer

- International Urogynaecology Journal (Editorial Board)
- Brazilian Journal of Urology

- British Journal of Obstetrics and Gynaecology
- South African Medical Journal
- South African Journal of Obstetrics and Gynaecology

Invited Local/Regional / National lectures

1. University of Stellenbosch Academic Year Day: Is mesh really necessary for POP repair? Aug 2008
2. History of Prolapse and Incontinence Surgery. Urogynaecology Workshop, South African Society of Obstetrics and Gynaecology Biennial meeting, Somerset West. Oct 2008.
3. When anticholinergics fail. South African Society of Obstetrics and Gynaecology Biennial meeting, Somerset West. Oct 2008
4. Mini-sling procedures in stress urinary incontinence: a review of effectiveness and complications. Experts meeting, Magaliesburg, South Africa. November 2009.
5. To mesh or not to mesh? Debate at South African Menopause Society Meeting, Johannesburg. Feb 2010.
6. Pelvic organ prolapse and mesh repair. Gynaecology Surgery Symposium. University of Stellenbosch. April 2010.
7. Aligning new concepts in OAB. Continence Association of South Africa, Johannesburg. Aug 2010.
8. OAB: Other treatment options. Continence Association of South Africa, Johannesburg Aug 2010
9. Mini-slings in the Management of Stress Incontinence: Cadaver Workshop, University of Stellenbosch. Oct 2010.
10. Posterior Repair: Cadaver Workshop, University of Stellenbosch. Oct 2010.
11. Role of mesh in prolapse surgery. Tygerberg Obstetrics and Gynaecology Association. Sep 2011.
12. The Great Caesarean Section Debate. South African Society of Obstetrics and Gynaecology Meeting, Cape Town. Oct 2011.
13. Laparoscopic sacrocolpopexy: How, why, when and who. University of Stellenbosch Postgraduate Training. Nov 2011.

14. Role of mesh Post FDA July 2011. South African Society of Obstetrics and Gynaecology Meeting, Cape Town. Dec 2011.
15. Management of mesh complications in prolapse surgery. South African Society of Obstetrics and Gynaecology Association Biennial meeting, Drakensburg, South Africa. May 2011.
16. Surgical management of Uterine Prolapse. IUGA regional symposium. Stellenbosch, South Africa. January 2013.
17. Managing complications of Prolapse Surgery, American Association of Gynaecological Laparoscopy (AAGL) Meeting, Cape Town, April 2013.
18. Minimising ureteric injury at Laparoscopic Surgery, AAGL Live Surgery Workshop, Cape Town, April 2013.
19. Surgical Management of Uterine Prolapse, AAGL Live Surgery Workshop, Cape Town, April 2013.
20. Surgery for Stress Urinary Incontinence: Optimising your outcomes. University of Pretoria Obstetrics and Gynaecology Update. Pretoria, May 2013
21. Managing stress urinary incontinence: are investigations really necessary? South African Society of Ultrasound in Obstetrics and Gynaecology Congress. Pretoria, Oct 2013
22. Managing complications of stress incontinence surgery. CME lecture, Port Elizabeth, South Africa. March, 2014.
23. The role of High Uterosacral Ligament Suspension in Managing Uterine Prolapse. SASOG workshop, May 2014.
24. What's new in Urogynaecology? SASOG meeting, Cape Town, September 2014.
25. Medico-legal issues: keeping the lawyers out of your operating room. SAMS meeting, Johannesburg, February 2015.
26. Mesh procedures: safe practice guidelines. SAMS meeting, Johannesburg, February 2015.
27. Should vaginal mesh be relegated to the pathology museum? Cape Town Obstetrics and Gynaecology, April 2015.
28. Vaginal Hysterectomy for procidentia. Live Video Demonstration, South Africa Urogynaecology Association Annual Meeting, Cape Town. August 2015
29. Secondary repair of anal sphincter defect. Live Video Demonstration, South Africa Urogynaecology Association Annual Meeting, Cape Town. August 2015
30. Laparoscopic sacrocolpopexy. Live Video Demonstration, South Africa Urogynaecology Association Annual Meeting, Cape Town. August 2015.

31. Anterior Repair with mesh. Live Video Demonstration, South Africa Urogynaecology Association Annual Meeting, Cape Town. August 2015.

Invited International Lectures

1. Anterior Colporrhaphy: To Mesh or Not to Mesh, London Urodynamic Club, London. June 2005.
2. Minimally invasive techniques for stress incontinence. South London GP forum. June 2005
3. Metanalysis of outcomes following the use of synthetic and biomaterials in prolapse surgery. Why use a Xenograft? International Urogynaecology Association Satellite Symposium, Copenhagen, Denmark. Aug 2005
4. Faecal urgency and urge incontinence. Workshop Presentation, International Urogynaecology Association Conference, Athens. April 2006.
5. The role of Botulinum Toxin in OAB, South London Urology and Gynaecology Society, London. Oct 2006.
6. Anatomical aspects relating to incontinence and prolapse. Urogynaecology Study Day, Northwick Park Hospital, London, Feb 2006.
7. Botulinum Toxin and Other Injectables. Overactive Bladder workshop. International Urogynaecology Association Conference, Cancun, Mexico. June 2007.
8. Urogynaecology and evidence based medicine: Where are we now? Masterclass in Vaginal Reconstructive Surgery. Terneuzen, Holland. May 2009
9. Overactive Bladder: Diagnosis and Investigation. International Federation of Obstetrics and Gynaecology (FIGO) Meeting, Cape Town. Oct 2009.
10. Pelvic Floor Anatomy and Staging of Prolapse: KESES meeting, Nairobi, Kenya. Aug 2010.
11. Management of OAB: KESES meeting, Nairobi, Kenya. Aug 2010.
12. Latest concepts in the management of Stress Incontinence. KESES meeting, Nairobi, Kenya. Aug 2010.

13. Modern Management of Pelvic Organ Prolapse. KESES meeting, Nairobi, Kenya. Aug 2010.
14. Live Surgical Demonstration, KESES meeting, Nairobi, Kenya. Aug 2010.
15. Mini-slings in the management of Stress Incontinence: IUGA workshop, Lisbon, Portugal. June 2011.
16. Meta-analysis of Slings in Stress Incontinence Surgery: IUGA workshop, Lisbon, Portugal. June 2011.
17. Management of refractory OAB pre-VASA and pre CESA. University of Cologne, Germany. June 2012.
18. Pelvic organ Prolapse: The vaginal versus the abdominal approach. The great debate. International Centre for Minimal Access Surgery, Pelvic Floor Workshop, Nairobi, Kenya. July 2012
19. Live surgery demonstration, Nairobi, Kenya. July 2012
20. What's new in the surgical management of pelvic organ prolapse? College of Physicians and Surgeons of Pakistan Jubilee Celebration. Karachi , November 2012
21. Live surgery demonstration. College of Physicians and Surgeons of Pakistan Jubilee Celebration. Karachi , November 2012.
22. Surgical management of Pelvic Organ Prolapse. IUGA exchange meeting. Maputo. Mozambique. February 2013.
23. Overactive bladder: Management options. IUGA exchange meeting. Maputo. Mozambique. February 2013.
24. Anatomy of the pelvic floor. IUGA exchange meeting. Maputo. Mozambique. February 2013.
25. Management of pain and dyspareunia after prolapse surgery. IUGA Workshop. Dublin, Ireland, May 2013.
26. Management of Advanced Uterine Prolapse, Grand Rounds, University of North Carolina, USA. September 2013.
27. Rectocele: Principles of Surgical Repair. FIGO Regional Conference, Addis Ababa, October 2013.
28. Management of OAB and Mixed Incontinence. FIGO Regional Conference, Addis Ababa, October 2013.

29. State of the Art Lecture: Managing stress incontinence: what tests should I do? International Urogynaecology Symposium. Karachi, Pakistan. October 2013.
30. Live surgery demonstration. Laparoscopic Sacrohysteropexy. International Urogynaecology Symposium. Karachi, Pakistan. October 2013.
31. Chair: Workshop on getting yourself published. IUGA Regional Symposium, Bali, Indonesia. November 2013.
32. Co-chair: Workshop on managing complications of Prolapse and Incontinence Surgery. IUGA Regional Symposium, Bali, Indonesia. November 2013.
33. Plenary lecture: Complications of sling surgery: how to prevent and manage. IUGA Regional Symposium, Bali, Indonesia. November 2013.
34. How to prevent dyspareunia after pelvic floor surgery: IUGA Regional Symposium, Bali, Indonesia. November 2013.
35. Knowing your energy sources. Post Graduate Course. American Association of Gynaecological Laparoscopy Annual Meeting. Washington DC. November 2013.
36. Co-chair Systematic Review Workshop, Combined Annual Meeting of the American Urogynaecological Society and International Urogynaecology Association. July 2014, Washington DC, USA.
37. Panelist, AUGS special interest group, Urogynaecology in a Global Health Setting. Combined Annual Meeting of the American Urogynaecological Society and International Urogynaecology Association. July 2014, Washington DC, USA.
38. Fellows surgical cadaver workshop. Combined Annual Meeting of the American Urogynaecological Society and International Urogynaecology Association. July 2014, Washington DC, USA.
39. Workshop chair. Complications of Prolapse surgery: International Continence Society Annual Meeting, October 2014, Rio de Janeiro, Brazil.
40. Mesh procedures in prolapse surgery. How I do it safely. International Continence Society Annual Meeting, October 2014, Rio de Janeiro, Brazil.
41. Keeping the lawyers out of your operating room: medico-legal issues in prolapse surgery. International Continence Society Annual Meeting, October 2014, Rio de Janeiro, Brazil.
42. Sling procedures for stress incontinence. G-ROS workshop, Pune, November 2014, India.

43. Laparoscopic sacrocolpopexy: Pertinent anatomy, supporting data and indications. IUGA International Webinar Series, December 2014.
44. Optimising pelvic floor health in resource constrained nations. Joint meeting of the South Asian Federation of Obstetrics and Gynaecology and Nepalese Society of Obstetrics and Gynaecology. April 2015.
45. Complication management: Old principles still perform well. One of two international invited speakers, Dutch Urogynaecology (Bekkenbodern) Society. April 2015.
46. Keeping the lawyers out of your operating room. Complications in Prolapse Surgery Workshop. International Urogynaecology Association Annual Meeting. Nice, France. June 2015.
47. Laparoscopic Sacrocolpopexy. How I do it safely. Complications in Prolapse Surgery Workshop. International Urogynaecology Association Annual Meeting. Nice, France. June 2015.
48. Laparoscopic sacrocolpopexy. Tips and Tricks. Fellows Workshop. International Urogynaecology Association Annual Meeting. Nice, France. June 2015.
49. Medicine and Healthcare Products Regulatory Agency (MHRA) report on the benefits and risks of vaginal mesh implants. Australian Gynaecological and Endoscopic Surgery Annual Pelvic Floor Meeting, Sydney, Australia. August 2015.
50. Gender – Choices, Chances, Changes. Australian Gynaecological and Endoscopic Surgery Annual Pelvic Floor Meeting, Sydney, Australia. August 2015.
51. Live video surgery demonstration. Vaginal Hysterectomy and Sacrospinous Fixation for Uterine Prolapse using a Minimally Invasive Suture Capture Device. Australian Gynaecological and Endoscopic Surgery Annual Pelvic Floor Meeting, Sydney, Australia. August 2015.
52. I'm incontinent and I've got prolapse, but I want another baby.. Australian Gynaecological and Endoscopic Surgery Annual Pelvic Floor Meeting, Sydney, Australia. August 2015.
53. Debate. Go 'Brazilian' if you want to protect your pelvic floor. "Affirmative". Australian Gynaecological and Endoscopic Surgery Annual Pelvic Floor Meeting, Sydney, Australia. August 2015.
54. Laparoscopic sacrocolpopexy. Tips and Tricks. Australian Gynaecological and Endoscopic Surgery Annual Pelvic Floor Meeting, Sydney, Australia. August 2015.
55. Laparoscopic sacrocolpopexy: Supporting data and indications. Australian Gynaecological and Endoscopic Surgery Annual Pelvic Floor Meeting, Sydney, Australia. August 2015.

1. Minimally invasive techniques for stress incontinence: Astellas Symposium, London. April 2006.
2. Dinner symposium, New concepts in managing pelvic organ prolapse. Launch of the Fixt device and Nuvia. IUGA Annual meeting Lisbon, 2011.
3. Breakfast symposium, New concepts in managing pelvic organ prolapse. Launch of the Fixt device and Nuvia. IUGA Annual meeting Lisbon, 2011.
4. Surgery for Stress Urinary Incontinence: Optimising your outcomes. Pretoria Update, May 2013

MEMBERSHIP – SCIENTIFIC SOCIETIES

1. South African College of Medicine
2. South African Society of Obstetrics and Gynaecology
3. South African Urogynaecology Association
4. British Society of Urogynaecology
5. International Urogynaecology Association
6. South African Society of Reproductive Medicine and Gynaecological Endoscopy

INVOLVEMENT IN WORKSHOPS AND CONGRESSES

1. South African Society of Obstetrics and Gynaecology Biennial meeting. Organizing committee member, Oct 2008.
2. Hands on Hysteroscopy workshop, Chair of organizing committee, Cape Town, Sep 2008.
3. FIGO, Cape Town, Local organizing committee member, Oct 2009.
4. Bard International Training Cadaver workshop, Cape Town. Chair of organizing committee, Nov 2009.
5. Bard National cadaver workshop, Cape Town. Chair of organizing committee, July 2010.
6. American Medical Systems cadaver workshop. Organizing committee, Oct 2010.
7. Johnson and Johnson cadaver workshop, Cape Town, Chair of organizing committee, January 2011.

8. Bard International cadaver workshop, Cape Town. Chair of organizing committee, May 2011.
9. Bard International Representatives Training, lectures and cadaver session. Lisbon, June 2011.
10. South African Society of Ultrasound in Obstetrics and Gynaecology Biennial Meeting. Organizing committee treasurer, September 2011.
11. Hands-on Pelvic Floor Ultrasound workshop with Peter Dietz. Organizer, September 2011.
12. Live laparoscopic surgery workshop. Chair of organizing committee, Cape Town, November 2011.
13. Introduction to laparoscopic suturing workshop, Cape Town, November 2011.
14. Hysteroscopy dinner symposium and workshop with Hector Chapa, Chair of organizing committee, Cape Town, Feb 2012.
15. Boston Scientific, Live pelvic floor surgery workshop, Cape Town, September 2012.
16. American Association of Gynaecological Laparoscopy Meeting, Cape Town. Local organizing committee, chair of live workshops. April 2013.